

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS  
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 11/3/2015	(3) CONTACT/PHONE Darci Hafley 805-788-2156	
(4) SUBJECT Request to approve a FY 2015-16 renewal contract with San Luis Coastal Unified School District not to exceed \$85,408 to provide drug and alcohol counseling services. Districts 2, 3 and 5.			
(5) RECOMMENDED ACTION It is recommended that the Board approve a FY 2015-16 renewal contract with San Luis Coastal Unified School District (SLCUSD) in the amount not to exceed \$85,408 to provide drug and alcohol counseling services.			
(6) FUNDING SOURCE(S) School Contract Revenue	(7) CURRENT YEAR FINANCIAL IMPACT \$85,408.00	(8) ANNUAL FINANCIAL IMPACT \$85,408.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ____ ) <input type="checkbox"/> Board Business (Time Est. ____ )			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5 Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A    Date: <u>09/26/2015</u>	
(17) ADMINISTRATIVE OFFICE REVIEW			
(18) SUPERVISOR DISTRICT(S) District 2 District 3 District 5			

# County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director  
Anne Robin, L.M.F.T., Behavioral Health Administrator

DATE: 11/3/2015

SUBJECT: Request to approve a FY 2015-16 renewal contract with San Luis Coastal Unified School District not to exceed \$85,408 to provide drug and alcohol counseling services. Districts 2, 3 and 5.

## **RECOMMENDATION**

It is recommended that the Board approve a FY 2015-16 renewal contract with San Luis Coastal Unified School District (SLCUSD) in the amount not to exceed \$85,408 to provide drug and alcohol counseling services.

## **DISCUSSION**

For over twenty years, Behavioral Health has secured a contract with SLCUSD to provide drug and alcohol prevention and early intervention school site counseling services. In addition to the prevention and early intervention counseling services, Drug Medi-Cal services are now being offered to students identified by Behavioral Health counselors as in need of treatment who also qualify for Medi-Cal.

Under this contract, 1.5 FTE Behavioral Health Drug and Alcohol Specialists will work directly with at-risk youth in the schools conducting risk evaluations, individual and group prevention counseling, and will also act as on-campus liaisons with school staff for issues involving student substance abuse at the following locations: Bishop's Peak Elementary, Sinsheimer Elementary, Laguna Middle School, Morro Bay High School, and San Luis High School.

Specialists will also now be able to refer students who are in need of more intensive and/or treatment services to the new on-campus Drug Medi-Cal program at Pacific Beach or to additional services at Behavioral Health clinics throughout the County.

It is important to note that Behavioral Health is not the only provider in the county to provide these services to students and that competition for school based contracts has become increasingly competitive as private providers and non-profit agencies can offer services at a lower rate than the County. The Behavioral Health Department continues to secure a contract with San Luis Coastal Unified School District because of high quality of services provided.

## **OTHER AGENCY INVOLVEMENT/IMPACT**

County Counsel has approved these contracts as to form and legal effect.

## **FINANCIAL CONSIDERATIONS**

The FY 2015-16 renewal contract for SLCUSD is in the amount \$85,408, which is a \$22,542 increase over last year's contract. SLCUSD has requested expanded services to elementary schools. The FY 2015-16 Approved Budget includes the costs associated with providing counseling services and Drug Medi-Cal services to students within these school districts. No budget adjustment is required and approval of the SLCUSD does not increase the level of general fund support required by the Department.

The duration of service under this contract is for the School year only (September 1, 2015 through June 30, 2016) Contract negotiations do not begin until early in the school year, when SLCUSD is confident about funding, and are historically not finalized until fall.

## **RESULTS**

### **Outputs**

<b>Location</b>	<b>2014/15 Contract Hours</b>	<b>2015/16 Contract Hours</b>	<b>2014/15 Actual Students Served</b>
Laguna Middle School	680	680	61
Morro Bay High School	136	272	59
Pacific Beach Continuation School	680	680	49
San Luis Obispo High School	272	272	52
Bishop's Peak Elementary School	New Location	272	N/A
Sinsheimer Elementary School	New Location	272	N/A

\* The actual number of students served is for informational purposes only. It varies depending on the intensity of services provided for each child receiving services and is not included in the contract.

### **Outcomes**

For the past several years, Specialists have administered assessments and surveys to all students receiving services and reported the outcomes to the appropriate SLCUSD staff. Although other agencies provide similar services at lowered rate than the County, SLCUSD increased the hours and location of services of the contract due to the strong outcomes and unparalleled professionalism provided by Behavioral Health staff.

The outcomes have been added to the contract, above and beyond what is required by the district. The contracted outcomes are a summarized result of multiple assessment tools. Counseling goals are unique to each individual. Not all children are initially assessed as needing specific behavioral interventions (eg: prescription drug use) so sample sizes vary according to the needs of each individual.

<b>Contracted Outcome</b>	<b>2014-15 Actual</b>
Reduction in 30-Day drug and alcohol use	77% of students reported a reduction in alcohol use (54/70)  94% of students reported a reduction in prescription drug use and misuse (68/72)
Reduction in disciplinary referrals	97% of students served reported reduced disciplinary referrals. (69/72). <b>This outcome is also tracked by the schools and not available until annual school reports are released in December.</b>
Maintenance or improvement in school attendance	77% of students served (54/70) reported improvement or maintenance in school attendance.
Improvement in wellness as measured by: <ul style="list-style-type: none"> <li>Reduction in risk factors (eg: self-harm, suicidal ideation, depression) and</li> <li>Improvement in protective factors (eg: coping skills, positive peer and adult relationships, school involvement)</li> </ul>	97% (70/72) of students who received services demonstrated improved wellness.

The counseling services provided under this contract with San Luis Coastal Unified School District is part of a larger continuum of care that aims to improve the quality of life of those served. Providing the most appropriate services to the students reduces risk factors, improves protective factors, and increases the probability of positive treatment outcomes. Services provided under this contract contribute to the County vision of a healthy and safe community and demonstrate the above and beyond service provided by a world class organization.

#### **ATTACHMENTS**

1. San Luis Coastal Unified School District FY 2015-16 Contract